RANCHO LITTLE LEAGUE OFFICIAL PITCH COUNT MAX'S

MINOR/MAJOR DIVISION GUIDELINES

7-8 YEAR OLDS (DAY LIMIT IS 50)

- 1. I-20 Pitches in a day, no (0) calendar day of rest is required
- 2. 21-35 Pitches in a day, one (1) calendar day of rest is required
- 3. 36-50 Pitches in a day, two (2) calendar day of rest is required

9-10 YEAR OLDS (DAY LIMIT IS 75)

- 1. 1-20 Pitches in a day, no (0) calendar day of rest is required
- 2. 21-35 Pitches in a day, one (1) calendar day of rest is required
- 3. 36-50 Pitches in a day, two (2) calendar days of rest is required
- 4. 51-65 Pitches in a day, three (3) calendar days of rest is required
- 5. 66-75 Pitches in a day, four (4) calendar days of rest is required

11-12 YEAR OLDS (DAY LIMIT IS 85)

- 1. 1-20 Pitches in a day, no (0) calendar day of rest is required
- 2. 21-35 Pitches in a day, one (1) calendar day of rest is required
- 3. 36-50 Pitches in a day, two (2) calendar days of rest is required
- 4. 51-65 Pitches in a day, three (3) calendar days of rest is required
- 5. 66-85 Pitches in a day, four (4) calendar days of rest is required

OTHER GUIDELINES:

- **EXCEPTION**: If a pitcher reaches a day(s) of rest threshold while facing a batter, the pitcher may continue the pitch until that batter reaches base or that batter is retired or the third out is made to complete the half-inning. The pitcher will only be required to observe the calendar day(s) of rest for the threshold reached during the at-bat, provided the pitcher is removed before delivering a pitch to another batter.
- **EXCEPTION II**: If, a pitcher reaches the **MAX**# of pitches for their league age while facing a batter, the pitcher may continue to pitch until the batter reaches base, is put out, or the half inning ends.